



39th Annual Conference 2023

Association of Physicians of India
Chennai Chapter

Theme : Newer Trends in Internal Medicine



Please scan the QR code & pay the registration amount through Gpay to Mobile No. 95001 16730
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Saturday 23rd & Sunday 24th December 2023
@

**Hotel Savera,
Dr. Radhakrishnan Salai, Chennai**

Dear Friends,

Greetings from API Chennai Chapter !!

We have great pleasure in extending a warm welcome for **39th Annual Conference** of Association of Physicians of India, Chennai Chapter on 23rd & 24th December 2023 at Hotel Savera, Dr. Radhakrishnan Salai, Chennai.

26th All India Intensive Post Graduate Training Program : The conference will be preceded by PG Program at Silver Jubilee Auditorium, Govt. Stanley Medical College on Friday 22nd December. Post Graduate students in MD Gen.Medicine & Dip N.B are requested to attend in large numbers. Last year the program was well received and it benefited 250 students. The program starts on Friday 22nd December 2023 at 9.00 am and ends at 6.00 pm. MCQs, Case Based Discussion & Clinical Demonstration with Live Cases will be the highlights. Many sitting professors across the state and outside the state have confirmed their participation to be faculty.

39th Annual Conference on Saturday 23rd & Sunday 24th December : All PG students are requested to participate in academic activities of Annual Conference including Workshops on Emergency Medicine, ECHO with Hands on experience.

This booklet contains the details of the PG Program and the scientific program of the conference. There are **2 Gold Medals** intended for Best Post Graduate students who will be selected based on overall performance on all 3 days including the conference. During Annual Conference you will witness lot of academic activities like Orations Symposia, Rapid Fire Session and Guest lectures ,including ECG Interactive session. Workshops on Emergency Medicine, Echo with Hands on training to tackle critical cases will be held. Session on ABPM and Continuous Glucose Monitoring are also included in the workshop. Looking forward to your esteemed presence to share the knowledge and experience in the field of Internal Medicine and other Specialities. We have immense pleasure in requesting all our API members to join us for the success of this PG Program and Annual Conference.

Dr. K. Shanmugam

Chairman

Dr. S. N. Narasingan

Hony. Gen Secretary

Dr. S. S. Lakshmanan

Sci. Com. Chairman

Dr. Vijay Viswanathan

Joint Sec & Treasurer

Executive Members :

Dr. E. Prabhu

Dr. P. Paranthaman

Dr. S. Chandrasekar

Dr. V. Chiranjeevi

Dr. P. Soundararajan

Dr. N. D. Ramanujam

Dr. A. Aravind

Academic Co-ordinator for PG Program :

Dr. S. Chandrasekar

Dr. E. Prabhu

Dr. P. Paranthaman

Registration

All India Intensive Post Graduate Training Program : Is complimentary to all PG Students, API Members & Faculty

Registration is complimentary for all Faculty for Annual Conference at Hotel Savera

Registration is Mandatory for PG Students & API & Non API Members for Annual Conference :

You are requested to register as per the details given below

Delegate Fee	On or before 31st Oct 2023	On or before 30th Nov 2023	On or before 15th December 2023
API Members	Rs.1500/-	Rs.1700/-	Rs.2000/-
Non API Members	Rs.1700/-	Rs.1900/-	Rs.2200/-
PG Students	Rs.1200/-	Rs.1400/-	Rs.1600/-

26th All India Intensive Post Graduate Training Program
Venue : Silver Jubilee Auditorium, Govt. Stanley Medical College
Friday 22nd December

7.30am - 8.30am		Breakfast & Registration
8.30am - 9.30am	MCQS (PICTORIAL QUIZ)	Dr. A Ramalingam , MD, Professor of Medicine Govt. Stanley Medical College Dr Namitha Narayanan , MD, Professor of Medicine Govt. Stanley Medical College
TOP 4 FINAL YEAR STUDENTS WILL BE SELECTED BASED ON THE PERFORMANCE IN THE MCQS FOR MEDAL EXAM		
9.30am - 10.30am	RESPIRATORY SYSYTEM (1 CASE)	Dr Mohan Rao , MD, Prof & HOD of Medicine, Chettinad Medical College, Kelambakkam, Chennai Dr Sulaiman , MD, Prof of Medicine, Govt Kilpauk Medical College, Chennai Dr T K V Saravanan , MD, Prof & HOD of Medicine, Tagore Medical College, Chennai Dr Ramesh , MD, Prof & HOD Of Medicine, Govt Omandurar Medical College, Chennai
10.30am -11.30am	CARDIO VASCULAR SYSYTEM (1 CASE)	Dr. Narmatha Lakshmi , MD, Prof & HOD of Medicine Chengalpattu Medical College Dr. T. B. Umadevi , MD, Professor of Medicine Madras Medical College Dr. I. Rohini , MD, Professor of Medicine Govt. Stanley Medical College Dr. M. Sharmila , MD, Prof of Medicine Omandurar Medical College, Chennai
11.30am -1.30pm	CENTRAL NERVOUS SYSTEM (2 CASES)	Dr C Hariharan , MD, Director , IIM, Madras Medical College, Chennai. Dr Sirugudi Sreenivas , MD, DM Neurology, Rajamundry Dr. K. Mugundhan , MD, Prof. of Neurology, Govt. Stanley Medical College Dr. S. Alagesan , DM Neuro, Tirunelveli Dr. R. Thilakavathi , MD, Prof. of Medicine, Govt. Stanley Medical College
1.30pm - 2.30pm	LUNCH	

MEDAL EXAM - 45 MINUTES EACH - 1 LONG CASE - 1 SHORT CASE

2.30pm - 5.00pm	FACULTIES	Dr. S. S. Lakshmanan , MD, Scientific Committee Chairman, Api Chennai Chapter, Director, Priya Nursing Home, Chennai.	
		Dr. P. Paranthaman , MD, HOD, Professor of Medicine Govt Kilpauk Medical College, Chennai	
		Dr M Vivekanandan , MD, Prof & HOD Jipmer, Puduchery	
		Dr Sirigudi Sreenivas , MD, DM Neurology, Rajamundry	
		Dr. V. Padma , MD, Professor of Medicine Balaji Medical College, Chennai	
		Dr G. Vengadkrishnan , MD, Prof of Medicine, SRMC & RI, Porur, Chennai	
5.30pm - 6.30pm	NEUROLOGY QUIZ		
Coordinators :	Dr S. Chandrasekar 9381044533	Dr E. Prabu 9382730296	Dr P. Paranthaman 9840186335

Contact Details : **Dr. S. Chandrasekar** Cell No 9381044533 | **Dr. K. Raja** Cell No 9444442945
Email Id – smcmedreg@gmail.com

39th Annual Conference 2023 Association of Physicians of India, Chennai Chapter Venue : Hotel Savera

**The Delegates & PG Students are requested to register in advance
Registration is complimentary for Faculty**

For the kind attention of chairpersons, speakers and orators :

- 18 minutes for each lecture and 2 minutes for discussion except for Guest Lectures and Panel discussion.
- At the end of 16 minutes you will notice the time on the screen and we request you to finish your lecture within 18 minutes
- All Orations are for 30 minutes (Presentation of Citation and award of Gold medal lasting for 10 minutes, Followed by Oration for 20 minutes)
- Please adhere to the time allotted to avoid inconvenience to other speakers

Scientific Program (Saturday 23rd December – 2023)

TIME	TOPIC	SPEAKER PANELIST	MODERATOR	CHAIR
8.00 am onwards	Registration			
8.55 am	Welcome Address	Dr. S. N. Narasingan Hony. Gen. Secretary API, Ch. Chapter		
9.00 -10.00am	Workshop on Echo Cardiography	Dr. R. Alagesan		
10.00 -10.20am (18+2 Minutes)	Electrophysiology for Physicians	Dr. S. Guruprasad		Dr. Samuel Dinesh Dr. S. S. Lakshmanan

TIME	TOPIC	SPEAKER PANELIST	MODERATOR	CHAIR
10.20 -11.00am	Symposium on Valvular Interventions			
(18+2 Minutes)	Transcatheter Aortic Valve Implantation (TAVI) : What is New?	Dr. Ajith Pillai		Dr. J. Ezhilan
(18+2 Minutes)	Transcatheter Structural Heart Diseases Therapies (Non aortic)	Dr. A. B. Gopalamurugan		Dr. D. Prabhakar
11.00-11.10am	TEA BREAK			
11.10 -11.30am	Obesity Management	Dr. Jayashree Gopal		Dr. DBD. Sathiakumar
(18+2 Minutes)	What is New?			Dr. K. Shanmugam
11.30-12.00pm	Prof. Sam G.P. Moses Oration			
	Five faces of Diabetes Control	Dr. Vijay Viswanathan		Dr. S. Chandrasekar
				Dr. N. Rangaswami
12.00-12.20pm	Non statin drugs in the management of Dyslipidemia	Dr. S. N. Narasingan		Dr. S. Sethuraman
(18+2 Minutes)				Dr. D. Aishwarya
12.20-12.40pm	Management of Heart Failure :	Dr. Abraham Oomman		Dr. P. Paranthaman
(18+2 Minutes)	What is new ?			Dr. G. Kothai
12.40-01.05pm	Guest Lecture			
(20+5 Minutes)	Approach to Pre diabetes : Are different strategies needed?	Dr. V. Mohan		Dr. S. N. Narasingan
				Dr. S. S. Lakshmanan
1.05 – 2.00pm	LUNCH			
2.00 – 2.20pm	Geriatric house calls program	Dr. B. Harishankar		Dr. V. S. Natarajan
(18+2 Minutes)				Dr. S. Aparna
2.20 - 2.40pm	Newer Antiepileptic Drugs	Dr. K. Mugunthan		Dr. K. Dhananjayan
(18+2 Minutes)				Dr. N. Vetrivel
2.40 – 3.00pm	Hypertension in Pregnancy :	Dr. P. Paranthaman		Dr. G. Ranjani
(18+2 Minutes)	An Update			Dr. S. Chandrasekar
3.00-3.20pm	Clinical Relevance of Biomarkers in Sepsis	Dr. Sudha Vidhyasagar		Dr. A. Aravind
(18+2 Minutes)				Dr. K. Raja
3.20-3.40pm	Case Based Discussion :	Dr. S. S. Lakshmanan		Dr. J. S. Kumar
(18+2 Minutes)	Tide after Tide			Dr. C. S. Gauthaman
3.40-3.50pm	Tea Break			
3.50-4.20pm	Prof. Rathinavelu Subramaniam Oration			
	Pathogenesis of Bacterial Infection and antibiotic action	Dr. Jyotirmoy Pal		Dr. Namitha Narayanan
				Dr. M. Swamikannu
4.20 – 4.40pm	Shingles : To know more about its prevention	Dr. Subramanian Swaminathan		Dr. N. N. Anand
(18+2 Minutes)				Dr. Balaji T.

TIME	TOPIC	SPEAKER PANELIST	MODERATOR	CHAIR
4.40 – 5.10pm	Prof. M.S.Ramachandran Oration Artificial Intelligence in Medicine : A Way Forward	Dr. S. Chandrasekar		Dr. J. S. Kumar Dr. A. R. Kathiravan
5.10 – 6.10pm	Rapid Fire Session : Mixed Basket			
(10 Minutes Each+10 Minutes Discussion)	Dengue Fever : An Update Sarcopenic Obesity Urinary Tract Infection in the Elderly Solitary Pulmonary Nodule Cardiogenic Shock	Dr. K. Shanmugam Dr. N. Vetrivel Dr. S. Vaishnavi Dr. S. Malathi Dr. J. Ezhilan	Dr. Sheik Sulaiman Meeran Dr. A. Aravind Dr. T. B. Umadevi Dr. P. Paranthaman Dr. E. Prabhu	
6.10- 6.50pm	POSTER ORAL PRESENTATION			
6.50 - 8.15pm	Inauguration & Physicians Day Award Ceremony			
6.50 - 6.55pm	Invocation			
6.55 - 7.00pm	Welcome address :	Dr. S. N. Narasingan Hon. Gen. Secretary		
7.00 - 7.05pm	Address by :	Dr. S. S. Lakshmanan Sci. Com. Chairman		
7.05 - 7.10pm	Address by :	Dr. K. Shanmugam Chairman		
7.10 - 7.15pm	Address by :	Dr. Vijay Viswanathan Joint Secretary & Treasurer		
7.15 - 7.20pm	Address by :	Dr. E. Prabhu Exe. Com. Member		
7.20 - 7.35pm	Inauguration of 39th Annual Conference : Presidential Address by Chief Guest & Physicians Day Address	Dr. Girish Mathur National President, API		
7.35 - 7.50pm	Guest of Honour :	Dr. Venkatasalam Medical Director Apollo Hospitals		
7.50 - 8.05pm	Award Ceremony :	Physicians Day Awards Awardees :	(Citations to be read by)	
		Dr. V. S. Natarajan Dr. S. Sethuraman Dr. M. Swamikannu Dr. K. Shanmugam	Dr. S. N. Narasingan Dr. S. Chandrasekar Dr. P. Paranthaman Dr. S. S. Lakshmanan	
8.05 - 8.10pm	Vote of Thanks :	Dr. S. Chandrasekar Exe. Com. Member		
8.10 - 8.15 pm	National Anthem			
8.15pm	Dinner			



Sunday 24th December – 2023

Breakfast from 7.15am to 8.15am

TIME	TOPIC	SPEAKER PANELIST	MODERATOR	CHAIR
8.30 - 8.50am (18+2 Minutes)	Movement Disorders	Dr. N. Balamurugan		Dr. Nalini Kumaravelu Dr. E. Prabhu
8.50 - 09.10am (18+2 Minutes)	Clinical Conundrum in Endocrinology	Dr. V. Krishnaseshadri		Dr. B. Priyadharshini Dr. S. Chandrasekar
9.10 - 9.30am (18+2 Minutes)	Maturity Onset Diabetes in the Young	Dr. Ranjit Unnikrishnan		Dr. E. Govindarajulu Dr. K. Shanmugam
9.30 - 9.50am (18+2 Minutes)	Theranostics in Medicine : Recent advances & Future Challenges	Dr. E. Prabhu		Dr. V. Seshadri Dr. S. S. Lakshmanan
09.50 - 10.00am	TEA BREAK			
10.00 - 10.50am (15 Minutes Each +5 Minutes Discussion)	Symposium on Nephrology Salt & Hypertension Conservative Management of CKD An approach to acid based disorders in Clinical practice	Dr. Rajan Ravichandran Dr. Edwin Fernando Dr. R. Balasubramaniam	Dr. P. Soundararajan Dr. Vijay Viswanathan Dr. D. Dhamodharan	
10.50 - 11.10am (18+2 Minutes)	When to suspect & How to Treat Pulmonary Embolism?	Dr. Aravind .D		Dr. S. Appandraj Dr. P. Paranthaman
11.10 - 11.40pm	Prof. S. N. Narasingan Oration ApoB / Non HDL –C : Which one to choose	Dr. K. Kannan		Dr. T. Ravindran Dr. S. S. Lakshmanan
11.40 - 12.00pm (18+2 Minutes)	Chronic Coronary Syndrome	Dr. D. Prabhakar		Dr. N. Ravichandran Dr. R. Srinivasan
12.00 – 12.20pm (18+2 Minutes)	COMA : Basics & Beyond	Dr. Sirigudi Sreenivas		Dr. Shiek Sulaiman Meeran Dr. S. Chandrasekar
12.20 – 12.50pm	Prof. S. K. Rajan Oration Obesity –Minimal Invasive solutions to a Mega Pandemic	Dr. T. S. Chandrasekar		Dr. S. N. Narasingan Dr. A. Aravind
12.50 – 01.05pm	Workshop on Continuous Glucose Monitoring	Dr. Vijay Viswanathan		
01.05 - 2.00pm	LUNCH			
2.00 - 4.00pm	Workshop on ABPM LIFE SAVING PROCEDURES FOR INTERNS AND PHYSICIANS	Dr. S. S. Lakshmanan Dr. K. Shanmugam Dr. S.Senthil Kumaran Dr. S.Jayaraman Dr. G. Shreedevi Dr. Narendranath Jena		Dr. P. Paranthaman Dr. T. B. Umadevi
4.00pm	Tea will be Served in the Hall During the Session			
4.00 to 5.00pm	E.C.G – Grand Quiz Master	Dr. Ulhas Pandurangi		
5.00 - 5.10pm	Valedictory Function & Award Session			

Accredited and Awarded Credit hours by TamilNadu Medical Council
4 for the Delegates per day One additional credit hour for the Faculty per day

FACULTY

Dr. R. Alagesan, Former, Prof & HOD, Institute of cardiology, MMC

Dr. S. Guruprasad, Founder Chairman, Dr. Heart Health Care, Chennai

Dr. A. Samuel Dinesh, Prof. of. Medicine, Deputy superintendent, Rajiv Gandhi Govt. Gen. Hospital

Dr. S. S. Lakshmanan, Managing Director, Priya Nursing Home

Dr. Ajith Pillai, Cardiologist, HOD, KRR Kauvery Hospital, Kovilambakkam Chennai

Dr. A. B. Gopalamurugan, Consultant Cardiologist, Director-Structural and Endovascular Therapies, MGM Hospital, Chennai

Dr. J. Ezhilan, Senior Interventional Cardiologist, MMM Hospital

Dr. D. Prabhakar, Preventive Interventional Cardiologist, Ashwin Clinic & Apollo First Med Hospital

Dr. Jayashree Gopal, Director, DiabEndoIndia & Senior Consultant Endocrinologist, Apollo Hospitals

Dr. DBD. Sathiakumar, Consultant Physicians & Managing Director, Sugam Hospital

Dr. K. Shanmugam, Physician, Sted Ford Hospital

Dr. Vijay Viswanathan, Managing Director, MV Hospital For Diabetes & Diabetes Research Center

Dr. S. Chandrasekar, Prof. of. Medicine, Stanley Medical College

Dr. N. Rangaswami, Prof. of. Medicine, Stanley Medical College

Dr. S. N. Narasingan, Vice President - World Hypertension League, Vice Chair -Lipid Association of India

Dr. S. Sethuraman, Senior Consultant Physician, Mangalam Hospital, Trichy

Dr. D. Aishwarya, Prof. of. Medicine, Tagore Medical College

Dr. Abraham Oomman, Senior Consultant Cardiologist, Apollo Hospitals, Chennai

Dr. P. Paranthaman, Prof & HOD, Dept. of. Medicine, Kilpauk Medical College

Dr. G. Kothai, Prof. of. Medicine, SRM

Dr. V. Mohan, Chairman, Dr. Mohan's Diabetes Specialities Centre

Dr. B. Harishankar, Director, BHS Geriatrics & Diabetes Centre

Dr. V. S. Natarajan, Senior Geriatric Physician, Founder & Chairman Dr.V.S.Natarajan Geriatric Foundation

Dr. S. Aparna, Prof. of. Medicine, Omandurar Medical College

Dr. K. Mugunthan, Prof. of Neurology, Stanley Medical College

Dr. K. Dhananjeyan, Associate Prof. of Medicine, Kalaignar Centenary Super Speciality Hospital

Dr. N. Vetrivel, Senior Consultant Physician & Diabetologist , Apollo KH Hospital

Dr. G. Ranjani, Prof. of. Medicine, SMC

Dr. Sudha Vidhyasagar, HOD of Medicine, VHS

Dr. A. Aravind, Dean, TN Govt. Multi Super Speciality Hospital, Omandurar Govt. Estate

Dr. K. Raja, Registrar, Dept. of Medicine, Stanley Medical College

Dr. J. S. Kumar, Prof. of Medicine, SRM

Dr. C. S. Gauthaman, Associate Prof. Govt. Kilpauk Medical College

Dr. Jyotirmoy Pal, Prof. General Medicine, College of Medicine and Sagore Dutta Medical College, Kamarhati, Kolkatta

Dr. Namitha Narayanan, Prof. of. Medicine, Stanley Medical College

FACULTY

Dr. M. Swamikannu, Director, HOD - Internal Medicine, MGM Healthcare, Chennai
Dr. Subramanian Swaminathan, Director, Infectious Diseases at Gleneagles Hospitals
Dr. N. N. Anand, Prof & HOD, Balaji Medical College
Dr. Balaji .T., Prof. of Neurology, Chengalpet Medical College
Dr. A. R. Kathiravan, Asst. Prof. of Medicine, Stanley Medical College
Dr. S. Vaishnavi, Consultant, Sri Ramachandra Medical Centre
Dr. S. Malathi, Associate Prof. Govt. Royapettah Medical College & Kilpauk Medical College
Dr. Shiek Sulaiman Meeran, Prof & HOD, Royapettah Hospital
Dr. T. B. Umadevi, Prof. of Medicine, Madras Medical College
Dr. E. Prabhu, HOD Nuclear Medicine, Omandurar MS Hospital
Dr. N. Balamurugan, HOD, Department of neurology, Manipal hospital, Emergency Physician, Salem
Dr. Nalini Kumaravelu, Prof. of. Medicine, Madras Medical College
Dr. V. Krishnaseshadri, Senior Consultant Endocrinologist, Apollo Hospitals
Dr. B. Priyadharshini, Prof. of. Medicine, Omandurar Medical College
Dr. Ranjit Unnikrishnan, Vice Chairman & Consultant, Dr. Mohan's Diabetes Specialities Centre
Dr. E. Govindarajulu, Prof. of. Medicine, Kilpauk Medical College
Dr. V. Seshadri, Senior Consultant Physician, Sundaram Medical Foundation
Dr. Rajan Ravichandran, Sr. Consultant Nephrologist, MIOT hospital
Dr. Edwin Fernando, Prof. of Nephrology & HOD , Govt. Stanley Med. College & Hospital
Dr. R. Balasubramaniam, Senior Consultant Nephrologist, Kauvery Hospital, Alwarpet
Dr. P. Soundararajan, Consultant Nephrologist, Apollo Hospitals
Dr. D. Dhamodharan, Prof. of. Medicine, Vellore Medical College
Dr. Aravind. D. Consultant Interventional Cardiologist, Kauvery Hospital, Kovilambakkam
Dr. S. Appandraj, Prof. of. Medicine, Melmaruvattur Medical College
Dr. K. Kannan, Prof. of Cardiology & HOD, Govt. Stanley Med. College & Hospital
Dr. T. Ravindran, Prof & HOD, Dept of Medicine, SMC
Dr. N. Ravichandran, Associate Prof. of Medicine, Stanley Medical College
Dr. R. Srinivasan, Prof. of Medicine, SRMC
Dr. Sirugudi Sreenivas, Neurologist, Rajamundry
Dr. T. S. Chandrasekar, Gastroenterologist, Medindia Hospital, Chennai
Dr. Senthil Kumaran, Medical Director, Manian Medical Centre
Dr. S. Jayaraman, Head of Emergency Medicine, SIMS Hospital
Dr. Narendranath Jena, Director, Dept. of Emergency Medicine, Meenakshi Mission Hospital, Madurai
Dr. G. Shreedevi, Prof. of. Emergency Medicine, SRMC
Dr. Ulhas Pandurangi, Senior Consultant Electrophysiologist, Madras Medical Mission

Alternative Mode of payment

To prefer this mode of payment you need to furnish all details on the same day of transfer :

NEFT Transfer Detail : "Association of Physicians of India, Chennai Chapter"

Account No : 067301000019311

Bank account : Indian overseas Bank

IFSC Code : IOBA0000673

API PAN : AABAA6306R

GST NO : 33AABAA6306R1ZO

DD should be drawn in favour of "Association of Physicians of India, Chennai Chapter". Payable at Chennai.

Please send duly filled registration form to the secretary.

Dr. S. N. Narasingan

Hony. Gen. Secretary, API Chennai Chapter
Secretariat

O # 38 , N # 12 , New Thandavaraya Street , Chennai – 600 021

Ph : 7200055918 / 044-35558617

e.mail : drsnn.sc@gmail.com

website : www.apichennai.com

For further queries please contact : Mrs. Sony Gracy - 8825981883

Mr. Madhan kumar, AO, API House - 9942232777



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